

Primary Camping Gear

Backpack	40 Litres or less
Sleeping Bag	0°C through -10°C
Sleeping Foam	Optional (Yellow Closed-Cell Foam)
Garbage Bags	Heavy Duty
Survival Kit	Include First Aids and Emergency Blanket (Silver)

Important Equipment

Compass	Degree Markings, Rotating Base
Swiss/Utility Knife	Collapsible
Flashlight with extra Batteries	Bright & Lightweight preferred
Water Bottle	1L
Thermo	For carry hot water or chocolate when hiking
Rope/Carabineer	3m
Toiletries - Toilet Paper - Toothbrush/Toothpaste - Washcloth, etc...	Bring in Ziploc bag
Whistles	
Hiking Poles	
Hot Packs	For Hands and Feet
Food Containers	Spoon/Fork, Cup or small food container
Snacks	Chocolate will keep you warm or some Energy bars

Clothing**(E – Extremities, B – Base Layer, M – Mid-Layer, S-Shell Layer)**

Headwear - Hat (E) - Sunglasses	- Important for Winter (Must) - To protect your eyes in bright snow
Upper Body/Arms/Hands - Winter Jacket (E) - Long Sleeve Shirt (B) - Fleece Vest/Shirt (M) - Gloves – Winter (E)	- Important for Cold night (Must)
Lower Body/Legs/Feet - Extra underwear (B) - Long john (B) - Pants (E) - Hiking/Winter Boots (E) - Socks (E) - Gaiters (S)	- Snow Pants (Must) - Comfort is important, no running shoe - Bring at least 3 pairs/ 2 days - optional (it can keep your feet warmer)
Sleeping Wear	- for indoor